



HEALTHY AGING *Physical Therapy*

STRONGER • FITTER • FUNCTIONAL

Outpatient-at-Home Physical and Occupational Therapy

SERVICE AREA:

Melrose
Medford
Arlington
Winchester
Concord
Woburn
Lexington

Malden
Lynnfield
Wakefield
Reading
North Reading
Stoneham

SPECIALITY AREAS:

Geriatrics
Parkinson's Disease
Vestibular Dysfunction & Dizziness
Balance & Gait Disorders
**Dementia, Stroke &
 other Neurological Disorders**
Osteoarthritis, Back & Joint Pain
Post-Surgical Care
Driving Assessments
Low Vision Assessments

CLINICAL TEAM:



Owner: Dr. Katie Wadland, PT, DPT
 Board-Certified Geriatric Clinical Specialist
 AIB-Vestibular Certified Therapist
 PWR! Moves Certified Therapist

Amanda Holt, MS, OTR/L
 Dr. Samantha Indigaro,
 PT, DPT, VRT
 Dr. Tami DeAngelis,
 PT, DPT, GCS
 Dr. Allison Leonard,
 PT, DPT
 Dr. Jennifer Cairney,
 PT, DPT, OCS, CSCS



Cara Dewey,
 PT, MSPT
 Dr. Britany Saia,
 PT, DPT, GCS
 Meghan Treem,
 MS, OTR/L
 Shannon Hardy,
 MS, OTR/L
 Dr. Paul Berekely,
 PT, DPT, OCS

We offer local and virtual Fitness Classes and Healthy Aging Workshops, too!

Phone: (877) 761 - 6942

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Email: Katie@HealthyAgingPT.com

Website: www.HealthyAgingPT.com

Accepted Insurances:



And OON Medicare Advantage Plans